

Tour of Cheshire 1 March 2025 - Regularity F

Follow this "Distance and Average Speed Schedule" from RSC F to End of Regularity. It contains all the necessary route instructions and average speed information. Timir will be located at a number of these landmarks or junctions.

Please note the schedule does not necessarily show every junction - follow the main junction isn't shown. The intermediate times and total times do not always add up to hidden fractions of a second. In these cases the TOTAL time is the correct one.

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time
1	000	000	RSF on exit road from test 10	30	00:00	00:00
2	003	003	RAB GW First exit Macclesfield A537		00:04	00:04
3	084	087	Pass Dun and Cow car park		01:40	01:44
4	015	102	Xrds SO		00:18	02:02
5	035	137	Ignore lane on right		00:42	02:44
6	035	172	The Beeches Golf sign		00:42	03:26
7	005	177	Turn Right	26	00:06	03:32
8	022	199	GW Turn Left		00:30	04:02
9	012	211	Ignore lane on left		00:16	04:18
10	027	238	Turn Left		00:38	04:56
11	001	239	Turn Left into Percival's Lane		00:01	04:57
12	027	266	GW Rurn right		00:38	05:35
13	005	271	Track on right		00:07	05:42
14	037	308	Sandhole Lane sign		00:51	06:33
15	008	316	Turn Right to pass Telegraph pole		00:11	06:44
16	021	337	GW Turn Right		00:29	07:13
17	041	378	Back of Village Sign on right		00:57	08:10
18	006	384	GW Xrds Turn Left		00:08	08:18
19	029	413	Turn Right towards Highfield Farm	23	00:39	08:57
20	008	421	Ignore left		00:13	09:10
21	010	431	Wooden Post on right		00:15	09:25
22	016	447	Gate on right		00:25	09:50
23	019	466	GW T Junction Turn Left		00:30	10:20
24	033	499	Dog Inn Signpost	26	00:52	11:12
25	006	505	Straight on - ignore left		00:08	11:20
26	031	536	Footpath on left		00:42	12:02
27	014	550	Grotto Lane sign		00:19	12:21
28	019	569	Metal Gate on left		00:27	12:48

Tour of Cheshire 1 March 2025 - Regularity F

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time
29	033	602	Metal Gate on left		00:45	13:33
30	005	607	Turn Right		00:07	13:40
31	009	616	Metal gate on left		00:13	13:53
32	011	627	GW T Junction SWR Turn Left	28	00:15	14:08
33	017	644	Xrds Turn Left		00:22	14:30
34	034	678	GW Staggered Xrds SO to pass 7.5t sign		00:43	15:13
35	015	693	Over Peover Church and Hall signpost		00:19	15:32
36	028	721	Over Bridge		00:36	16:08
37	043	764	Drive to Shawcroft Farm		00:55	17:03
38	022	786	Turn Left into Red Lane		00:27	17:30
39	018	804	Layby on left		00:24	17:54
40	011	815	Layby on right		00:14	18:08
41	018	833	Gate on right		00:23	18:31
42	010	843	Layby on right		00:12	18:43
43	011	854	GW T Junction Turn Right		00:14	18:57
44	028	882	Gates on left		00:36	19:33
45	014	896	Gates on left		00:18	19:51
46	027	923	Xrds Turn Left	25	00:35	20:26
47	009	932	GW SWR and Turn Right		00:13	20:39
48	007	939	Track on left		00:10	20:49
49	013	952	GW SWR Turn Left		00:18	21:07
50	018	970	Ignore lane on right		00:26	21:33
51	021	991	Bends sign		00:31	22:04
52	023	1014	Stop T Junction Turn Left by Church		00:33	22:37
53	034	1048	No footway sign	28	00:49	23:26
54	019	1067	Field entrance		00:24	23:50
55	038	1105	GW T Junction Turn Right		00:49	24:39
56	028	1133	Bends sign		00:36	25:15
57	025	1158	Metal gate on left		00:32	25:47
58	033	1191	Tree on right		00:42	26:29
59	010	1201	Cranage sign		00:13	26:42
60	007	1208	Xrds Turn Right		00:09	26:51
61	005	1213	Tree on left		00:07	26:58
62	006	1219	Tree on left		00:07	27:05
63	025	1244	Footpath on left		00:33	27:38
64	020	1264	Large tree on right		00:25	28:03
65	019	1283	Stop Xrds Turn Left		00:25	28:28

Tour of Cheshire 1 March 2025 - Regularity F

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time
66	008	1291	Ignore road on right		00:10	28:38
67	013	1304	Track on left		00:17	28:55
68	021	1325	Cranage sign by layby		00:27	29:22
69	061	1386	EOR GW Xrds Turn Right		01:18	30:40

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Comp Use

CUM miles	INTER miles	Speed to here				CUM Min dec	CUM TIME MM:ss	Hours	CUM MINS	SEC	CONTROL o Dist
000	000	25	0	0	0	0	000	00:00			
020	020	25	048	048	0	29	048	00:29	000	0	29
027	007	25	0168	0168	0	10	065	00:39	000	0	39
040	013	25	0312	0312	0	19	096	00:58	000	0	58
060	020	25	048	048	0	29	144	01:26	000	1	26
066	006	25	0144	0144	0	9	158	01:35	000	1	35
080	014	25	0336	0336	0	20	192	01:55	000	1	55
100	020	25	048	048	0	29	240	02:24	000	2	24
117	017	25	0408	0408	0	24	281	02:48	000	2	48
119	002	25	0048	0048	0	3	286	02:51	000	2	51
140	021	25	0504	0504	0	30	336	03:22	000	3	22
150	010	25	024	024	0	14	360	03:36	000	3	36
170	020	28	0428571	04285714	0	26	403	04:02	000	4	2
190	020	28	04285714	04285714	0	26	446	04:27	000	4	27
210	020	28	04285714	04285714	0	26	489	04:53	000	4	53
218	008	28	0171429	01714286	0	10	506	05:03	000	5	3
219	001	28	00214286	00214286	0	1	508	05:05	000	5	5
240	021	28	045	045	0	27	553	05:32	000	5	32
260	020	28	04285714	04285714	0	26	596	05:57	000	5	57
280	020	28	04285714	04285714	0	26	639	06:23	000	6	23
300	020	28	04285714	04285714	0	26	681	06:49	000	6	49
318	018	28	03857143	03857143	0	23	720	07:12	000	7	12
330	012	28	02571429	02571429	0	15	746	07:27	000	7	27
347	017	23	04434783	04434783	0	27	790	07:54	000	7	54
360	013	23	033913	03391304	0	20	824	08:14	000	8	14
365	005	23	01304348	01304348	0	8	837	08:22	000	8	22
380	015	23	03913043	03913043	0	23	876	08:46	000	8	46
400	020	23	05217391	05217391	0	31	928	09:17	000	9	17
412	012	23	03130435	03130435	0	19	960	09:36	000	9	36
420	008	23	02086957	02086957	0	13	980	09:48	000	9	48
436	016	23	04173913	04173913	0	25	1022	10:13	000	10	13
442	006	23	01565217	01565217	0	9	1038	10:23	000	10	23
460	018	23	04695652	04695652	0	28	1085	10:51	000	10	51
480	020	23	05217391	05217391	0	31	1137	11:22	000	11	22
486	006	23	01565217	01565217	0	9	1153	11:32	000	11	32
487	001	23	0026087	0026087	0	2	1155	11:33	000	11	33
500	013	23	03391304	03391304	0	20	1189	11:54	000	11	54
520	020	23	05217391	05217391	0	31	1241	12:25	000	12	25
531	011	23	02869565	02869565	0	17	1270	12:42	000	12	42
540	009	23	02347826	02347826	0	14	1294	12:56	000	12	56
560	020	23	05217391	05217391	0	31	1346	13:27	000	13	27
575	015	23	03913043	03913043	0	23	1385	13:51	000	13	51
600	025	30	05	05	0	30	1435	14:21	000	14	21
620	020	30	04	04	0	24	1475	14:45	000	14	45
640	020	30	04	04	0	24	1515	15:09	000	15	9
660	020	30	04	04	0	24	1555	15:33	000	15	33
673	013	30	026	026	0	16	1581	15:49	000	15	49
700	027	26	06230769	06230769	0	37	1643	16:26	000	16	26
720	020	26	04615385	04615385	0	28	1689	16:54	000	16	54
740	020	26	04615385	04615385	0	28	1735	17:21	000	17	21
760	020	26	04615385	04615385	0	28	1782	17:49	000	17	49
780	020	26	04615385	04615385	0	28	1828	18:17	000	18	17
800	020	26	04615385	04615385	0	28	1874	18:44	000	18	44
815	015	26	03461538	03461538	0	21	1909	19:05	000	19	5

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Inter Time

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Total fro start Adjusted to take roundings out

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00:39	00:00	00:39	00:00
00:58	00:00	00:58	00:00
01:26	00:00	01:26	00:00
01:35	00:00	01:35	00:00
01:55	00:00	01:55	00:00
02:24	00:00	02:24	00:00
02:48	00:00	02:48	00:00
02:51	00:00	02:51	00:00
03:22	00:00	03:22	00:00
03:36	00:00	03:36	00:00
04:02	00:00	04:02	00:00
04:27	00:00	04:27	00:00
04:53	00:00	04:53	00:00
05:03	00:00	05:03	00:00
05:05	00:00	05:05	00:00
05:32	00:00	05:32	00:00
05:57	00:00	05:57	00:00
06:23	00:00	06:23	00:00
06:49	00:00	06:49	00:00
07:12	00:00	07:12	00:00
07:27	00:00	07:27	00:00
07:54	00:00	07:54	00:00
08:14	00:00	08:14	00:00
08:22	00:00	08:22	00:00
08:46	00:00	08:46	00:00
09:17	00:00	09:17	00:00
09:36	00:00	09:36	00:00
09:48	00:00	09:48	00:00
10:13	00:00	10:13	00:00
10:23	00:00	10:23	00:00
10:51	00:00	10:51	00:00
11:22	00:00	11:22	00:00
11:32	00:00	11:31	00:01
11:33	00:00	11:32	00:01
11:54	00:00	11:53	00:01
12:25	00:00	12:24	00:01
12:42	00:00	12:41	00:01
12:56	00:00	12:54	00:02
13:27	00:00	13:25	00:02
13:51	00:00	13:49	00:02
14:21	00:00	14:19	00:02
14:45	00:00	14:43	00:02
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17:49	00:00	17:47	00:02
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