

Tour of Cheshire 1 March 2025 - Regularity D

Follow this "Distance and Average Speed Schedule" from RSC H to End of Regularity. It contains all the necessary route instructions and average speed information.

Please note the schedule does not necessarily show every junction - follow the main road if a junction isn't shown. The intermediate times and total times do not always add up because of hidden fractions of a second. In these cases the TOTAL time is the correct one.

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time	Comp Use
1	0.00	0.00	RSD	26	00:00	00:00	
2	0.20	0.20			00:28	00:28	
3	0.20	0.40			00:27	00:55	
4	0.20	0.60			00:28	01:23	
5	0.20	0.80			00:28	01:51	
6	0.20	1.00			00:27	02:18	
7	0.21	1.21	Bear right to T Junction -GW and turn right		00:30	02:48	
8	0.19	1.40			00:26	03:14	
9	0.20	1.60			00:28	03:42	
10	0.14	1.74	Don't go to Mouldsworth		00:18	04:00	
11	0.12	1.86	Follow Unsuitable for HGVs route	18	00:17	04:17	
12	0.14	2.00			00:28	04:45	
13	0.20	2.20			00:40	05:25	
14	0.20	2.40			00:40	06:05	
15	0.20	2.60			00:40	06:45	
16	0.10	2.70	Turn to pass green bin and bench on your left		00:20	07:05	
17	0.01	2.71	GW Turn to pass 30mph sign	28	00:02	07:07	
18	0.09	2.80			00:11	07:18	
19	0.20	3.00			00:26	07:44	
20	0.24	3.24	Turn into 20 limit - please drive sensibly. There are no controls for 2 miles.		00:31	08:15	
21	0.16	3.40			00:20	08:35	
22	0.20	3.60			00:26	09:01	
23	0.20	3.80			00:26	09:27	
24	0.15	3.95	Turn into Norton's Lane		00:19	09:46	
25	0.05	4.00			00:06	09:52	
26	0.20	4.20			00:26	10:18	

Tour of Cheshire 1 March 2025 - Regularity D

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time	Comp Use
27	0.20	4.40			00:26	10:44	
28	0.20	4.60			00:26	11:10	
29	0.20	4.80			00:25	11:35	
30	0.20	5.00			00:26	12:01	
31	0.20	5.20			00:26	12:27	
32	0.20	5.40			00:25	12:52	
33	0.20	5.60			00:26	13:18	
34	0.13	5.73	GW Turn towards 13'3" bridge		00:16	13:34	
35	0.07	5.80			00:09	13:43	
36	0.20	6.00			00:26	14:09	
37	0.20	6.20			00:25	14:34	
38	0.20	6.40			00:26	15:00	
39	0.20	6.60			00:26	15:26	
40	0.12	6.72	Turn into Cob Hall Lane	25	00:15	15:41	
41	0.08	6.80			00:12	15:53	
42	0.20	7.00			00:28	16:21	
43	0.20	7.20			00:29	16:50	
44	0.20	7.40			00:29	17:19	
45	0.20	7.60			00:29	17:48	
46	0.20	7.80			00:29	18:17	
47	0.16	7.96	GW Turn towards Frodsham on B5393	30	00:22	18:39	
48	0.04	8.00			00:04	18:43	
49	0.20	8.20			00:24	19:07	
50	0.20	8.40			00:24	19:31	
51	0.20	8.60			00:24	19:55	
52	0.16	8.76	Turn into Yarrangall Green	22	00:20	20:15	
53	0.24	9.00			00:39	20:54	
54	0.09	9.09	GW T Junction - turn left	29	00:15	21:09	
55	0.11	9.20			00:13	21:22	
56	0.20	9.40			00:25	21:47	
57	0.29	9.69	Turn towards Kingswood		00:36	22:23	
58	0.16	9.85	Turn left just after post box and yellow bin		00:20	22:43	
59	0.15	10.00			00:19	23:02	
60	0.18	10.18	Turn towards Frodsham		00:21	23:23	
61	0.12	10.30			00:15	23:38	
62	0.14	10.44	GW T Junction - turn away from Frodsham		00:17	23:55	
63	0.16	10.60			00:20	24:15	

Tour of Cheshire 1 March 2025 - Regularity D

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time	Comp Use
64	0.20	10.80			00:25	24:40	
65	0.20	11.00	Pass Post Box on your left		00:25	25:05	
66	0.20	11.20			00:25	25:30	
67	0.25	11.45	Turn towards Offal Pit Lane	18	00:31	26:01	
68	0.22	11.67	Turn Right		00:44	26:45	
69	0.01	11.68	GW Turn Right	29	00:02	26:47	
70	0.12	11.80			00:15	27:02	
71	0.15	11.95	Turn into Cook's Hill		00:17	27:19	
72	0.05	12.00			00:06	27:25	
73	0.20	12.20			00:25	27:50	
74	0.23	12.43	Turn towards Norley (SWR the ) GW		00:29	28:19	
75	0.17	12.60			00:21	28:40	
76	0.15	12.75	Follow B5152 towards Tarporley		00:18	28:58	
77	0.05	12.80			00:07	29:05	
78	0.20	13.00			00:24	29:29	
79	0.20	13.20			00:25	29:54	
80	0.20	13.40			00:25	30:19	
81	0.19	13.59	Follow Unsuitable for HGVs route	24	00:24	30:43	
82	0.21	13.80			00:31	31:14	
83	0.27	14.07	GW SO Into Beech Lane		00:41	31:55	
84	0.13	14.20			00:19	32:14	
85	0.20	14.40			00:30	32:44	
86	0.20	14.60			00:30	33:14	
87	0.20	14.80			00:30	33:44	
88	0.20	15.00			00:30	34:14	
89	0.26	15.26	GW T Junction - turn right		00:39	34:53	
90	0.21	15.47	GW T Junction - Turn Right	27	00:32	35:25	
91	0.13	15.60	Quiet		00:17	35:42	
92	0.02	15.62	Left before the Chevron		00:03	35:45	
93	0.16	15.78	End Quiet		00:21	36:06	
94	0.22	16.00			00:29	36:35	
95	0.29	16.29	Do Not Enter No Through Road		00:39	37:14	
96	0.11	16.40	Do Not Enter No Through Road		00:15	37:29	

Tour of Cheshire 1 March 2025 - Regularity D

	Inter Miles	Total Miles	Instruction	Mph	Inter Time	Total Time	Comp Use
97	0.17	16.57	GW T Junction - turn away from the wooden fence on right	24	00:22	37:51	
98	0.23	16.80			00:34	38:25	
99	0.20	17.00			00:30	38:55	
100	0.20	17.20			00:30	39:25	
101	0.18	17.38	GW Pass The Hare and Hounds and postbox to your right	29	00:26	39:51	
102	0.22	17.60			00:27	40:18	
103	0.20	17.80			00:25	40:43	
104	0.20	18.00			00:25	41:08	
105	0.15	18.15	Turn towards Onston	23	00:17	41:25	
106	0.05	18.20			00:08	41:33	
107	0.20	18.40			00:32	42:05	
108	0.20	18.60			00:31	42:36	
109	0.10	18.70	Footpath on left.	26	00:16	42:52	
110	0.10	18.80			00:13	43:05	
111	0.20	19.00			00:28	43:33	
112	0.16	19.16	GW Pass left of the hydrant sign		00:22	43:55	
113	0.14	19.30	Turn into 40 zone		00:20	44:15	
114	0.10	19.40			00:14	44:29	
115	0.20	19.60			00:27	44:56	
116	0.11	19.71	Go SWR the ▲ keeping the 40 mph sign on your left GW		00:15	45:11	
117	0.09	19.80			00:13	45:24	
118	0.20	20.00			00:28	45:52	
119	0.20	20.20			00:27	46:19	
120	0.14	20.34	GW Turn towards Sandiway and Cuddington		00:19	46:38	
121	0.04	20.38	Turn Right		00:05	46:43	
122	0.22	20.60			00:31	47:14	
123	0.20	20.80			00:27	47:41	
124	0.22	21.02	GW Follow The Delamere Loop		00:31	48:12	
125	0.18	21.20			00:25	48:37	
126	0.20	21.40			00:27	49:04	
127	0.20	21.60			00:28	49:32	
128	0.17	21.77	EOR GW Xrds SO - care		00:24	49:56	