

REGULARITY A

Route Instructions

Regularity start 117 / 56334 55611

All roads (you will use one road that is NAM)

Using the London map points provided pass through the following points in order and no other and approach / depart as indicated.

50m blackspot at 117 / 544 ½ 46 ¼

Do not cross an A road at crossroads.

Point	Approach	Depart
D	S	
M	NW	
H		NW
G	ESE	

Take the shortest route to end of regularity at 117 / 49335 54309.

Speed Changes

Start at 26 mph

At IRTC A1 change to 24 mph

At cumulative 6 miles change to 29 mph

After a further 3 miles change to 25 mph

At 0.63 miles after IRTC A3 change to 28 mph

At IRTC A4 change to 22 mph

After a further 1.28 miles change to 28 mph